



The Lade Medical Practice Summer 2024 Newsletter

(Available in other languages on request)

New Reception

We would like to thank you for your patience during the construction of our new reception area. We now have the space for two receptionists and hope this will provide a more efficient service for our patients.



Appointments for blood tests, dressings, suture removals, annual disease register reviews and routine ECGs are now at our Community Care and Treatment Centre (CCATS) which has now relocated to **Drumhar Health Centre** – these are new clinics set up by the Health Board which are available every Monday to Friday.

If you have an appointment which you need to change or cancel please call CCATS direct on - **07814 281 047**



Prescriptions

Ordering Repeat Prescriptions

From the 1st October 2024 the prescription phone line will no longer be available. Please order your repeat prescriptions by any of the following ways:-

- Place your repeat slip in the box at the front door (tick items required)
- Order via Online Services (forms available on request at reception or via our website)
- Request via your chosen Pharmacy
- Send your request by email – tay.theladeprescriptions@nhs.scot

We apologise for any inconvenience this may cause.

*****The Surgery will be closed*****

Patients are asked to please note that the surgery will be shut on **Wednesday 4th September from 12:30pm for Protected Learning Time - Please call 07704 741 673 if the matter is urgent.**



Waiting Room Blood Pressure Machine

Our DIY blood pressure machine is available for use. This will enable you to attend the practice and take your own blood pressure reading without the need for an appointment.

Please ask the receptionist to let you into the room where it is situated.



We are very grateful to the family of the patient who donated money which has enabled us to purchase new chairs for the waiting area for the comfort of our patients.

THANK YOU!!!

Lyme Disease

Cause - a bite from an infected tick.

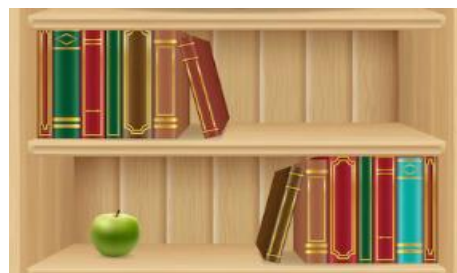
Early symptoms can include feeling unwell or 'flu-like', rash, headache, stiff neck, muscle pain, tender glands and sensitivity to temperature, sound and light levels

Bite size – it can appear anywhere on your body. The bull's-eye has a central red spot, surrounded by a clear circle with a wide red circle on the outside.

Treatment is with antibiotics and is most effective if started as early as possible.

Preventative measures – wear long trousers tucked into socks in long grass and heather or where sheep and deer are. Check skin for ticks after your walk. Tick removers can be purchased from pet/outdoor shops.

For more information go to www.lymediseaseaction.org.uk



Question Time?

Would you like to see the return of our book case in the waiting area with second hand books for sale?

All the proceeds donated to charity

Please let reception know your preference!

Website and Facebook

You will find more information about the practice and services online:-

Website – www.thelademedicalpractice.co.uk

Facebook page – [thelademedicalpractice](https://www.facebook.com/thelademedicalpractice)

X (Twitter) – [@LadeMedical](https://twitter.com/LadeMedical)

Here you will find up to date information on staff changes, closures and medical information.

Everyday questions about your health

The answer is NHS inform



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